All About

MCAT Full Lengths

by Leah Fisch
Why are FL so important?

- build skill
- measure progress
- identify weakness

Pre-phase 1 - baseline 7.5

Phase 1 - content 1 FL/mo

Phase 2 - practice 2 FL/mo

Phase 3 - exams weekly FL review AAMC psg

AAMC Scored
AAMC unscored/sample
Next step 10 exams (10% discount)
EK
Kaplan
Gold Standard
TPR

weekly - most frequent
- avoid burnout
- review
- AAMC passages best prep (packets & bundles)
< 490 content 1-5 pt/ exam

490 - 495 content / strategy 1-3 pt / exam

495-500 await breakthrough 1-3 pt / exam

500+ exponential harder 1-2 pt / exam

What if you're stuck??

Simple Strategy
- discrete first
- one skip ( guess first)

passages
- gist fact
- stop, mental summary
- highlight clues
- go back if a req
How to Review
about 1 week

- review entire exam
- see what missed
- study missed content

M T W R F

\[ \text{1/2 day} \]

+ content

12 - Careless mistakes
15 - Weakness with content
- Content KNOWN but couldn’t apply
- Misreading/misunderstanding passage
- Misreading/misunderstanding questions
- Graph/table issues
- Low on time or out of time
- Forgot equation
- Calculation or equation setup/error
- Any other reason not listed here

**Question got RIGHT but for the WRONG reason (count as wrong)

fatigue

W_{net} = KE_f - KE_i

1 - read title
2 - xty - make sense

\[ \begin{align*}
0.37 & \quad \text{WT = 100%} \\
0.51 & \quad 51\%
\end{align*} \]